

Bob Love EPA Treasurer English Pool Association

6<sup>th</sup> May 2016

Dear Bob,

Thank you so much for your donation of £491.19 to Help for Heroes (H4H) made on behalf of the English Pool Association.

Support like yours means we have achieved a lot for our Heroes in a short time. Noteably, you've enabled the creation of an enduring network of support for our wounded and their families.

Every single person we help gets support that's designed for them and their recovery; that is at the heart of everything we do. We offer a national network of free recovery services that can be accessed in person, over the phone, by email or via Skype.

Our four Recovery Centres are central to this delivery. They provide fellowship and companionship, welfare support, a bespoke careers service, sports recovery opportunities, and physical and psychological wellbeing services. We have both the facilities and staff to unlock potential, and to turn 'can't do' into 'can do'. This support is underpinned by the fantastic work carried out by our Grants Team to provide grants to individuals and to over 60 specialist charity partners.

However, thanks to newly published research from King's College London and Help for Heroes, we now know that least 66,090 of the 757,805 people who served as Regulars in the British Armed Forces between 1991 and 2014 will need our support either now, or in the future.

Put simply, that means 1 in 11 will need a helping hand. We are not done. There is so much more to do. Our Heroes are still battling and we won't let them battle alone. We are so glad to have friends like you with us as we work together, to rebuild lives.

You are a vital part of Team H4H. Without you and the inspiring things you do to raise funds, there would be no Help for Heroes. It's as simple as that. Please accept our heartfelt thanks for your support. It is as appreciated as it is vital.

**Best Wishes** 

Sarah

Sarah Derbidge Donations Assistant On behalf of Bryn & Emma, Co-Founders - Help for Heroes

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